



When you (or a family member) has done any of the tasks below to help conserve our environment, simply check off the appropriate box. The same task may be performed multiple times.

Once a total of 25 BOXES have been checked and reviewed by a parent or Guardian, have them go to ENVIRONMEDALS.COM, click on the CHECKLIST COMPLETED link, fill-in the accomplished tasks, your address and Medal Earner information and we'll send the "Eco-Warrior" our exclusive "Planet Earth ENVIRON MEDAL" to commemorate their great achievement.

If more than one child has participated, please check how many medals should be sent.

CHECK LIST

THINGS TO DO TO BECOME A CHAMPION OF A GREENER WORLD

Please Check Boxes of Tasks Performed

▶ Turn off water while brushing your teeth																						
▶ Remind Your Dad to turn off The water while shaving																						
▶ Choose one glass to use all day or refill a water bottle. This will cut down on dishes needing to be washed																						
▶ Use less hot water																						
▶ Make sure that the Garden/Lawn Sprinklers are not spraying where they shouldn't. If they're spraying too much on the sidewalk or house, tell your parents																						
▶ Encourage your School to do things to save water																						
▶ Take a Shower of 5 Minutes or less																						
▶ Take a Shower instead of a Bath																						
▶ Be a Leak Detective... Check out Hoses, Connectors, Faucets and Showers for leaks and tell your Parents if you find one																						
▶ Turn off Faucets tightly after each use																						
Bring Trashless Lunches to school. Use Lunch Boxes instead of paper bags. Carry food in reusable containers and water bottles																						
Walk, ride your bike or scooter to school instead of driving																						
Recycle cans, plastic bottles, newspaper and magazines																						
Turn off the TV when not watching it																						
Bring your own bags when you go shopping																						
Turn off printer when not in use																						
Cut up plastic six-pack rings before throwing them out																						
Use both sides of paper																						
Use Rechargeable Batteries																						
Encourage your family, friends and neighbors to reduce, reuse and recycle																						
ADD YOUR OWN																						

If you prefer not to submit online, complete the form below and mail to the Address on the right.

Name: _____

Address: _____

City, St., Zip: _____

Number of Environ Medals to be sent: _____

**SEND TO: MIMI AND JON TORP
Gibson International
11538 San Vicente Blvd.
Los Angeles, CA 90049
Questions: 310-622-7495**